

## **“De Las Montañas al Mar”**

### **La Esperanza and Utila Team 2012**

**Who:** 6-10 volunteers from US  
2 Honduran road managers  
1 Honduran doctor?  
1 Colombian health promoter

**What:** 12 day missions experience volunteering in medical clinics and a local library

**When:** June 11-22

**Where:** The mountain community of La Esperanza, the port city of La Ceiba, and the island of Utila

**How Much:** \$1600

**Why:** Our team's goal is to further the love of God throughout Honduras by engaging local community leaders in a series of medical clinics, a set of exploratory discussion groups, and a literacy campaign.

### **Tentative Team Agenda**

**Day 1:** BHM to SPS to La Esperanza

**Day 2:** Team Breakfast and devotional, Med Prep and possible Med Clinic in PM, team lunch, dinner with entire group (build relationships)

**Day 3 – 4:** Team Breakfast and devotional, Med Clinic Morning to shortly after lunch, team lunch, meet with ladies in afternoon teaching blood pressures and discuss community needs, free time, dinner

**Day 5:** Team Breakfast and devotional, Med Clinic Morning to shortly after lunch, lunch at and tour of Ron and Ernesto's meet with ladies in afternoon to finalize thoughts for next year, dinner

**Day 6:** Coffee and devotional, discuss transition, travel to La Ceiba, free time

**Day 7:** La Ceiba Dump AM, PM ferry to Utila, team dinner, explore

**Day 8:** Team breakfast and devotional, Library Construction and book cataloging (full day), team lunch, dinner

**Day 9:** Team breakfast and finishing touches at library, afternoon R&R (lunch and dinner on own)

**Day 10:** Team breakfast and devotional, R&R (snorkeling, hiking, beach lounging, etc.)

**Day 11:** To La Ceiba in AM, Workshop with Shalom in Afternoon to early evening, Closing devotional

**Day 12:** La Ceiba to SPS to BHM

### **What do I get for my \$1600**

- |               |                          |                                |
|---------------|--------------------------|--------------------------------|
| - Air travel  | -1 yr AHMEN membership   | -Team supplies                 |
| - Road travel | -Registration with UMVIM | -Team t-shirt                  |
| - Lodging     | -Insurance with UMVIM    | -A chance to make a difference |
| - 2 meals/day | -La Ceiba Dump Feeding   |                                |

### **Fundraising**

**T-shirts:** Sell ads at \$50 a piece to go on back of shirts

Contact Joel & Cindy Dulaney at [joelandcindy@charter.net](mailto:joelandcindy@charter.net) to order t-shirts.

**May 5<sup>th</sup> Jasper Car Show:** Clowning – facepaint, balloon animals, magic, etc. for donations

Raffle –

Silent Auction -

**Other ideas:**

### **What do I need to have to be able to go to Honduras?**

**Passport:** You must have a current passport that does not expire within six months of our departure

<http://travel.state.gov/passport/>

**Vaccinations:** Make sure all of your regular vaccinations are current and up to date. Also check with your local health center regarding specific questions.

**Malaria Medicine:** You may either consult your regular doctor or check with Richard Bowie at (205) 221-4090